

# Skin Specialists P.C.



**Joel Schlessinger, M.D.**

BOARD CERTIFIED DERMATOLOGIST  
BOARD CERTIFIED GENERAL COSMETIC SURGEON

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If no answer call Medi-Call, 552-2211

## WOUND CARE

1. On the day following the procedure, begin cleaning the wound site once or twice daily as follows:
  - a. Wash the area with hydrogen peroxide on a clean gauze pad or washcloth.
  - b. Apply Polysporin (only brand name Polysporin) to the wound site. This non-prescription salve can be purchased at any drugstore. We do not recommend Neosporin or Bacitracin due to an increased risk of allergy to these salves.
  - c. Cover the surgery site with a clean bandaid or non-stick Telfa pad.

Continue cleaning daily until sutures are removed. If you do not have sutures, continue cleaning until completely healed.

2. Tylenol and only Tylenol (or Extra Strength Tylenol) may be used to control any pain and discomfort following biopsy. If the pain becomes severe, please call the office immediately. **Do not use aspirin, Aleve, Advil or other pain relievers or the area may bleed.**
3. Mild bleeding can be controlled by applying firm pressure with a clean gauze pad or washcloth for 10 to 15 minutes. If the bleeding does not stop, please call the office.
4. If you have stitches, avoid getting the dressing overly wet for 48 hours. If you do not have stitches, there is no harm in getting the area wet. Please clean and re-dress exposed area as instructed above. Showers are okay but do not immerse the area in a bath or pool for 48 hours.

Your stitches will be removed in \_\_\_\_\_ days. Please schedule a return appointment.